



Northeast Georgia Council
 Boy Scouts of America
 P. O. Box 399 - Jefferson, GA 30549
www.nega-bsa.org



MEDICAL INFORMATION FOR HIGH ADVENTURE YOUTH PARTICIPANTS

Your child is about to take part in a High Adventure experience. During the activities, they will undertake a wide variety of physical and mental challenges, in an environment designed with safety in mind.

Many participants ask us about the physical requirements for taking part in the activities. We find that the best way to answer this question is to compare these activities to a variety of common pastimes with which we are all familiar.

For most of the time, they will be undertaking activity which is best described as “**moderate exertion**”. This is comparable to: normal walking, golfing on foot, downhill skiing, raking leaves, waiting tables, fishing, calisthenics, hanging wallpaper, interior painting, or slow dancing. There will be some situations on the course where, for a few minutes, they will be engaged in “**vigorous exertion**”. This is comparable to: slow jogging, speed-walking, tennis, swimming, cross-country skiing, shoveling snow, fast biking, mowing with a push mower, pruning trees, heavy gardening, overhead work, ice hockey drills, softball, laying bricks, hurried restaurant work, or climbing a ladder.

If these types of activity are difficult for your child, we would like to have you discuss their participation on the activity with a physician who knows their health history. If these are activities in which they regularly engage without difficulty, they should be fit for participation.

Finally, there are a few specific medical conditions about which participants should **always** seek advice from their physicians before engaging in High Adventure activities. If any of these apply to your child, you **must** consult with a physician before participation. If you or your physicians have any questions about these conditions or about challenge course activities, feel free to contact us at (706) 974-9537.

- Pregnancy* (Climbing harness can injure uterus.)
- Kidney or liver transplant* (Climbing harness can injure transplanted organ.)
- Healing fracture or joint injury* (Should be cleared by treating physician.)
- Recent surgery* (Should be cleared by treating physician.)
- Down syndrome* (Should have x-ray check for neck instability, as per recommendations of the Special Olympics.)

I have reviewed this material, and have consulted with my physician if appropriate. I believe that my child is fit to participate in the High Adventure activity. I understand that they are not required to complete any event, and free to modify their participation at any time.

Childs' name _____

Parent's/Guardian's Signature _____ Date _____



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AGREEMENT TO PARTICIPATE

Childs Name: First _____ M. I. _____ Last _____

Address _____ City _____ State _____ Zip _____

Telephone: (____) _____ - _____ (____) _____ - _____
Home Work

In case of emergency please contact: _____ Phone (____) _____ - _____

List of known allergies: _____

List required medications: _____

If you are allergic to bee stings? Yes No If so, do you have a bee sting kit? Yes No

Do you wear contact lenses? Yes No

Does your child have any medical conditions that we should be aware of, *i.e. dislocations, recent injuries, etc?*

If Yes List: _____

My child is not under the influence of any chemical substance including alcohol. I understand that their participation in the Northeast Georgia Council BSA programs is entirely voluntary. I fully understand and acknowledge that: (a) outdoor recreational activities have inherent risks, dangers and hazards and such exists in the use of Northeast Georgia Council's equipment and my child's participation in outdoor adventure activities; (b) my child's participation in such activities and use of such equipment may result in injury or illness including, but not limited to bodily injury, disease, strains, fractures, partial and/or total paralysis, other ailments that could cause serious disability or death; (c) these risks and dangers may be caused by negligence of participants, the negligence of others, accidents, the forces of nature or other causes. Risks and dangers may arise from foreseeable or unforeseeable causes, including, but not limited to, weather, trail, and such other risks, hazards and dangers that are integral to recreational activities that take place in a wilderness, outdoor or recreational environments; and (d) by my child's participation in these activities and /or use of equipment, I hereby assume all risks and danger and all responsibility for any losses and /or damages, whether caused in whole or in part by the negligence or other conduct of the agents, officers, or employees of the Northeast Georgia Council, BSA, or by any other person.

I voluntarily agree to release, waive, discharge, hold harmless, defend and indemnify the Northeast Georgia Council, BSA its officers, employees, and volunteers from any and all claims, actions or losses for bodily injury, property damage, wrongful death, loss of services, or otherwise which may arise out of use of Northeast Georgia Council – BSA equipment, or my child's participation in outdoor activities.

I have read the above and by signing it agree. It is my intention to exempt and relieve Northeast Georgia Council – BSA from liability for personal injury, property damage, or wrongful death caused by negligence or any other cause.

Parent/Guardian Signature _____ Date _____